

# Practical Weapons PEN SEMINAR



Come participate in this hands on seminar...  
Learn how to use an everyday object, in this case a regular pen, to defend yourself against armed and unarmed assailants, in both open areas, and controlled spaces.

*With*

*Guest Instructor*

*Richard Schott*

Owner/Instructor

**COBE** SELF DEFENSE

**KRAV MAGA**  
OFFICIAL TRAINING CENTER  
A Licensee of Krav Maga Worldwide Enterprises, LLC

**When: Saturday, July 24th 12-2pm**

**Where: MacDonald Academy of Martial Arts**

Open to the public. All skill levels welcome. Age 18 and over.

**\$49**

**Space is limited.**

**Register now:**

**Phone: (617) 923 - 4248**