



MACDONALD ACADEMY OF MARTIAL ARTS

Class Schedule

Effective July 6, 2026

Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Dragons		3:30 pm		3:30 pm		10:00 am
Kids Beginner	4:30 pm		4:30 pm			9:00 am
Kids Intermediate		4:30 pm		4:30 pm		10:00 am
Kids Advanced	5:30 pm		5:30 pm			11:00 am
Black Belts		5:30 pm	6:30 pm			12:00 pm
Teens	6:30 pm			5:30 pm		12:00 pm
Adults Kenpo	7:15 pm			7:15 pm		
Krav Maga Fundamentals	6:30pm	6:30 pm	6:30 pm	6:30 pm		11:00am
Krav Maga Advanced		6:30 pm	6:30 pm	6:30 pm		

617-923-4248

bmdacademy.com